

**AMHERST MIDDLE SCHOOL
2022 CROSS COUNTRY
Division II**

School address/directions/standings located on AMS athletic website & on the Tri County website;
www.tricountyathletic.org

Fri.	Sept. 9	AMS @ Londonderry, w/H/B, Chester, St. Jos. Manchester (313 Mammoth Rd.)	4:00
Wed.	Sept. 14	AMS @ Cawley, w/Boynton, Candia, Southside, St. Jos. Manchester (89 Whitehall Rd., Hookset)	3:30
Sat.	Sept. 17	AMS @ Nashua North Invitational	TBD
Thur.	Sept. 22	Lurgio, Weare @ AMS	4:15
Tues.	Sept. 27	AMS @ Windham, w/Milford, Lurgio (112 Lowell Rd.)	4:00
Fri.	Sept. 30	AMS @ Milford Invitational	4:00
Thur.	Oct. 6	Milford, Boynton, Merrimack @ AMS	4:15
Sat.	Oct.15	Tri-County League Championship (Mines Falls, Nashua South)	TBD
Sat.	Oct. 22	State Championship @ Londonderry (313 Mammoth Rd)	TBD

First Date to Practice: August 29

First Date to Play: September 6

Head Coach: Tivan Casavant

Assistant Coach:

Athletic Director: Jeff Wing, 673-8944 x7082